

RPE Fitness & Training Inc

Waiver of Liability

THIS IS A LEGAL AGREEMENT THAT AFFECTS YOUR LEGAL RIGHTS. PLEASE READ ALL OF IT AND OBTAIN LEGAL ADVICE BEFORE SIGNING IT IF YOU HAVE ANY QUESTIONS.

The contract between the undersigned client and RPE Fitness & Training inc; any employees, agents hereby referred to as RPE Fitness & Training inc, is predicated on the following fundamental conditions; the consideration for which shall be the acceptance of the client by RPE Fitness & Training inc.

1. The undersigned client acknowledges the receipt of the following advice:
 - (a) The provision of exercise/training equipment, work out programs or nutritional programs by RPE Fitness & Training inc does not represent or replace medical advice. A doctor should be consulted in relation to the commencement of any physical training or change in nutrition; and
 - (b) Discomfort or pain during training may signify an underlying medical condition or recent injury. Training personnel should be notified immediately if the event that discomfort or pain commences while training and prior to the commencement of any future training session if discomfort or pain persists.
2. The undersigned client agrees that he/she will accurately complete a complete Health Canada "ParQ" Physical Activity Readiness Questionnaire, and completed any medical examinations recommended in same prior to participating in Exercise/training. If the undersigned client is pregnant, he/she agrees to have a "PARmed-X" for Pregnancy physical activity readiness medical examination prior to participation in Exercise/training.
3. The undersigned client agrees that RPE Fitness & Training inc is not liable for any loss or damages (whether foreseeable or not) consequential or related in any way to any injury suffered or medical condition discovered during the course of its program. The undersigned client further covenants and agrees that he or he/she waives any and all rights to recover from alleging any form of liability whatsoever on the part of RPE Fitness & Training inc. The undersigned client further covenants and agrees to protect and hold harmless RPE Fitness & Training inc from any form of alleged liability arising in relation to the undersigned client.
4. The undersigned client agrees that the aforementioned conditions have been accepted prior to the commencement of any program or the delivery of any services by RPE Fitness & Training inc. Further that the said aforementioned conditions shall be part of any and all contracts between the parties (whether collateral or otherwise) and that such conditions will not be waived or varied except by express written agreement.
5. The undersigned client acknowledges that he/she has read and understands this document in its entirety, and gives acknowledgement and proof as such by signing this document.
6. If you choose to follow any dietary or nutritional advice given, that you are doing so on a purely voluntary basis, and any information given is in no way mandated by RPE Fitness & Training inc, and we would advise that if you have any concerns, that, before you start on any new exercise or diet program, that you consult with your medical practitioner, dietician or nutritionist before doing so.
7. It is understandable that sometimes you need to cancel or reschedule your appointment, and we ask that you please notify us by telephone at least 12 hours in advance.

If cancellations are made with less than 12 hours notice before your scheduled appointment time, a full one session fee is payable.

Client Name

Client Signature Date :

Client Phone Number

Client Email Address

RPE Fitness Inc SignatureDate.....